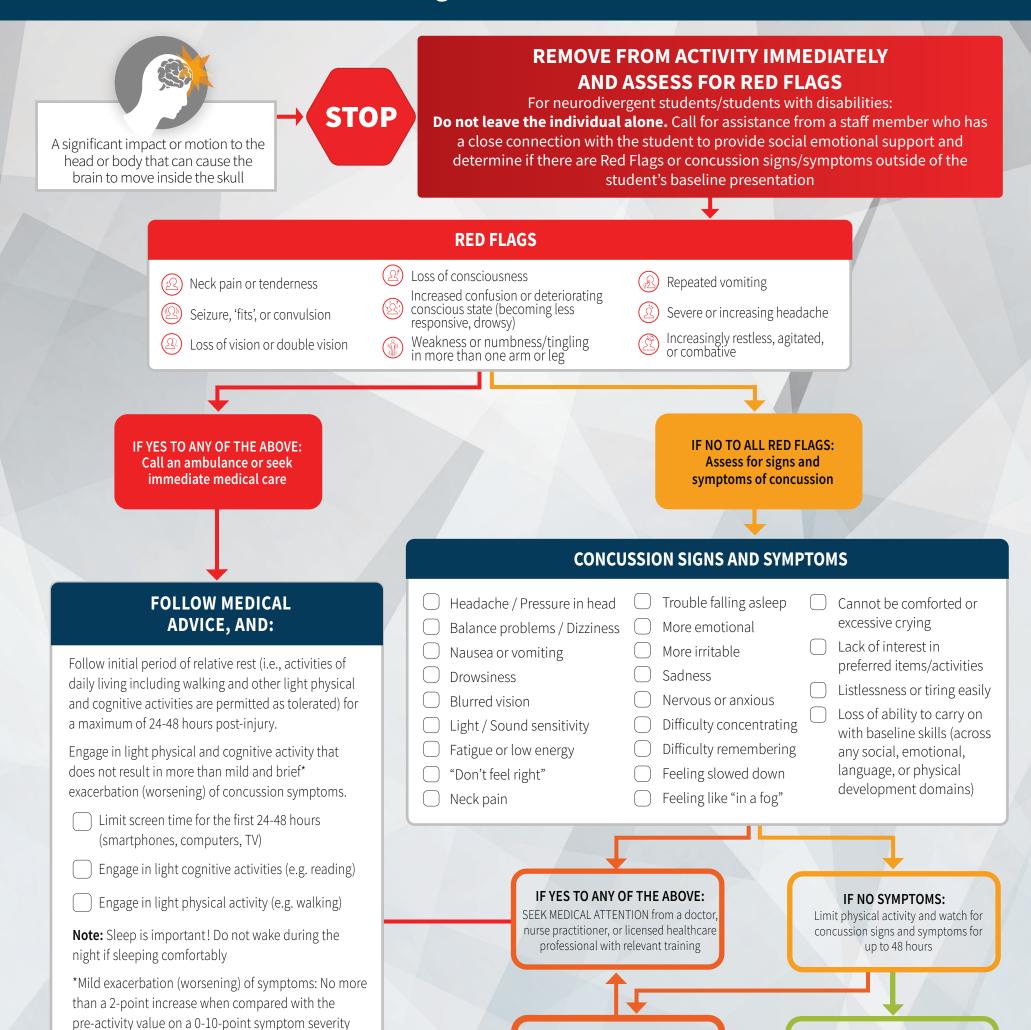


Concussion Awareness, Response, and Management

Additional Considerations for Neurodivergent Students and Students with Disabilities



scale. "Brief" exacerbation of symptoms: Worsening of symptoms for up to 1 hour.

IF SYMPTOMS OBSERVED WITHIN 48 HOURS

MENTAL HEALTH

IF NO SYMPTOMS OBSERVED AFTER 48 HOURS

AFTER 48 HOURS:

Follow Return to Work strategy Follow Return to Activity strategy Follow Return to School strategy Follow Return to Sport strategy During the course of recovery from a concussion, seek medical attention for mental health challenges that are beyond baseline, such as:

O More emotional	Nervousness or anxiousness
🗌 Irritability	◯ Trouble falling asleep
Sadness	Depression

RESUME NORMAL ACTIVITY

For more information on concussions, visit cattonline.com.

BC INJURY research and prevention unit



Provincial Health Services Authority Province-wide solutions. Better health.





